



JANE SMITH

A Life in Four Quarters

Dr. Jane Smith is an authority on creating a new life at age 50 and beyond. Her presentation, *A Life in Four Quarters*, is an essential experience for individuals and organizations interested in aging with wisdom. She is leading a personal campaign to perpetuate a new, more positive view of aging for baby boomers and adults of all ages. Her mission is to empower people to use skills from their previous experiences to claim the healthy, fulfilling life they really want at age 50 and older.

Born in 1946, she is especially passionate about helping baby boomers and other members of this seasoned, more active generation - which Dr. Smith calls the “Sea Gens”- experience a second chance at a good life. Compelling and exciting, *A Life in Four Quarters* examines life’s journey from birth to 100 years in segments of four 25-year periods. Following a four-quarter review of fond memories and promising expectations, the audience is introduced to the concept of a second life at 50! Groups such as Road Scholar Elderhostel, International Women’s Forum (Georgia Chapter), the Licensed Professional Counselors Association and the National Association of Realtors have described her presentation as motivational, engaging, entertaining, uplifting, fresh, and bold. At the close of a session, listeners literally feel born again with a second chance at life.

Other presentations include: *Get Ready for Your Rebound, Yes I Can!, Get with the Program!, Smile Though Your Heart Is Aching* and *A Call to Leadership*. She is currently working on two books, [A Call to Leadership](#) and [A Life in Four Quarters](#).

Practicing what she preaches, Dr. Smith has survived heart disease and tinnitus in claiming a more hopeful life. Her interest in the topic of aging with wisdom started during childhood, as she observed older relatives living productive lives up until age 106. She fully embraces life as an accomplished speaker, social entrepreneur, educator, and nonprofit executive. When Dr. Smith isn’t speaking to audiences nationwide, she serves as the executive director of the Spelman College Center for Leadership and Civic Engagement. Previously, she held executive positions at the Martin Luther King, Jr. Center for Nonviolent Social Change, The Carter Center, the National Council of Negro Women, and Business and Professional Women/USA.

Dr. Smith holds a doctorate in social policy analysis from Harvard University, a master’s degree in sociology from Emory University, and a bachelor’s degree in sociology from Spelman College.

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